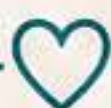


ALLIED HEALTH PROFESSIONALS, EDUCATORS, SUPPORT COORDINATORS, TEAM LEADERS, SUPPORT WORKERS

TRAUMA-INFORMED PRACTICE

Supporting People Through
Connection, Understanding & Healing



Behaviour makes sense...
when we understand the story behind it.

This practical, interactive workshop combines current trauma-informed knowledge with real-life clinical experience to build confidence in responding with empathy, curiosity and evidence-informed strategies.

*When we understand trauma,
we change the way we see people...
and that changes the way
we support healing. ♥*



DATE

TBC



TIME

9:00 am – 1:00 pm



LOCATION

Mackay
(Venue to be confirmed)



INVESTMENT

EARLY BIRD SPECIAL: \$300
STANDARD RATE: \$350



REGISTER

debandme@outlook.com.au

YOU WILL LEARN



Understanding trauma and its impact on the brain, body and behaviour



Why behaviour is often communication



Building safety, trust and meaningful connection



Trauma-informed communication strategies



Supporting emotional regulation



Looking after yourself while supporting others



MEET YOUR FACILITATORS

Deb Field (Deb & Me) and Julie Marshall (Aspire Therapy Support) are experienced Social Workers and trauma-informed therapists.

Together they bring warmth, authenticity and extensive experience supporting children, young people and adults across therapeutic, disability and community settings.